Complementary and Alternative Medicine in U.K.
Contents

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- &T; ¥ä¹ýÇöȲ
- The House of Lords report on CAM
- Government response to the report
- Univ. of Exeter Dept. of Complementary medicine
Overview

Brief history

- Medical Act 1858
- British Medical Association (BMA)
- 1980s CAM
  - Alternative therapy by BMA 1986
  - Complementary medicine by BMA 1993
British Surveys on CAM utilization

- **S. Mills 2000**
  - 50,000 CAM practitioners
  - 10,000 CAM practitioners CAM
  - 5 Million patients visited CAM practitioner

- **BBC survey 1997**
  - 20% of adult used any kind of CAM. Of which
    - Herbal medicine 34%
    - Aromatherapy 21%
    - Homeopathy 17%
    - Acupuncture 14%
    - Massage, Reflexology each 6%
    - Osteopathy 4%
    - Chiropractic 3%
<table>
<thead>
<tr>
<th><strong>Therapy</strong></th>
<th><strong>People (1999)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Acupuncture</td>
<td>5580</td>
</tr>
<tr>
<td>Alexander technique</td>
<td>887</td>
</tr>
<tr>
<td>Anthroposophical medicine</td>
<td>211</td>
</tr>
<tr>
<td>Chiropractic</td>
<td>1286</td>
</tr>
<tr>
<td>Cranio- sacral therapy</td>
<td>500</td>
</tr>
<tr>
<td>Aromatherapy</td>
<td>6943</td>
</tr>
<tr>
<td>Herbal Therapy</td>
<td>966</td>
</tr>
<tr>
<td>Healing</td>
<td>15689</td>
</tr>
<tr>
<td>Hypnotherapy</td>
<td>3168</td>
</tr>
<tr>
<td>Massage</td>
<td>7634</td>
</tr>
<tr>
<td>Naturopathy &amp; Nutrition</td>
<td>837</td>
</tr>
<tr>
<td>Homeotherapy</td>
<td>2686</td>
</tr>
<tr>
<td>Reflexology</td>
<td>13598</td>
</tr>
<tr>
<td>Siatsu</td>
<td>658</td>
</tr>
<tr>
<td>Osteopath</td>
<td>160</td>
</tr>
</tbody>
</table>
- Bioresonance/ Iridology/ Kinesiology/
- Kirlian Photography/ Pulse diagnosis/
- Vega test/ Reflexology charts
- Yoga/ Biofeedback/ Chelation therapy/
- ألوان نور / Colour therapy/ Crystal healing
- Radionics/ Oriental therapies
- Balneotherapy/ electrotherapy/
- Low- dose laser therapy etc.
(1999)
- 9300 "ÁµÀÅ·ÎÀÇ»ç, °£È£»ç, Á¶»ê»ç, ôÃß±³Á¤¿ä¹ý»ç (3000®), Ä¡°ú ¿µµÄ¡·á½Ã¼úÀÇ
- Royal college of Nursing Complementary Therapy Forum
  – ¹°³¿ 1³³³

- Natural health clinic(practice) / Chinese medicine clinic
1995 British Acupuncture Council (BAcC)
- British Acupuncture Accreditation Board
  - British Medical Acupuncture Society (BMAS)
  - 2,000 (2,000), 13
  - American Acupuncture Certification Program (AACP)
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・3で1,000
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Osteotherapy (Osteopath) and Chiropractic; 1993, 1994.
(Chiropractor’s Act, 1994)

Osteotherapist

Chiropractor
Anglo European College of Chiropractic in Bournemouth

- 4 years (Bachelor of Science in Chiropractic)
Faculty of Homeopathy: 200
1948 NHS: 5

Society of Homeopathy: Hahnemann (RSHom)
2,000円 ~ 5,000円
NHS

- NHS Act 1997, section 3
  - 5) ...
- NHS & Community Care Act 1990
  - ...
  - ...
- PPP Health Care Group
  - °ñÁ¤Çü¿ä¹ý
  - °ñÁ¤Çü×õ, 4³âÁ¦´ëÇÐÁ¹¾÷, DO(Doctor of Osteopath)
  - 5³âÀÌ»ó, 2¸íÀǵ¿·á¿Í, 3ºÀ±ÀÇ, 1ºÀ±ÀÇ

- Norwich Union
  - °ñÁ¤Çü×õ, 4³âÁ¦´ëÇÐÁ¹¾÷, DO(Doctor of Osteopath)
  - 5³âÀÌ»ó, 2¸íÀǵ¿·á¿Í, 3ºÀ±ÀÇ, 1ºÀ±ÀÇ

- BUPA
  - °ñÁ¤Çü¿ä¹ý
The House of Loads report on CAM; 1999-2000

- Group 1. Professionally Organized Alternative Therapies
  - Acupuncture, chiropractic, herbal medicine, homeopathy, and osteopathy

- Group 2. Complementary Therapies
  - Alexander technique, aromatherapy, Bach and other flower remedies, bodywork therapy, counselling stress therapy, hypnotherapy, meditation, reflexology, shiatu, healing, Maharish Ayurvedic Medicine, and yoga

http://www.publications.parliament.uk/pa/ld199900/ldselect/ldsctech/123/12301.htm
Group 3. Alternative Disciplines

3a. Long-established and traditional system of healthcare
   - Ayurvedic medicine, Chinese Herbal medicine, Eastern medicine, Naturopathy, and TCM

3b. Other Alternative Disciplines
   - Crystal therapy, dowsing, iridology, kinesiology, and radionics
- Evidence
  - CAM
  - Regulation
    - NHS
  - Education
    - Biomedical science
    - CAM
R & D
- CAM
- NHS
- MRC

Information

Delivery
- CAM
- GP
Government response

- Evidence
  - NHS R&D HTA
  - 1,3
  - CAM
Regulation
Research

- CAM
- NHS R&D Methodology
  - RCT, Quasi-experimental, systematic review
- MRC CAM DB
- NHS R&D Workforce Capacity Implementation Group - fellowship funding, pilot project
- CAM
Information

- NHS Direct Online
- CAM

- Cochrane Library
- Database of Abstracts of Reviews of Effectiveness (Centre for Reviews and Dissemination(CRD))

Delivery

- CAM
Universities of Exeter & Plymouth

- 1855 Art & Science
- 1893 Exeter Technical & Univ. extension College
- 1900 Royal Albert memorial college
- 1955 University of Exeter
- 1962 Post Grad Med School
- 1978 St. Luke’s merged
- 1993 Dept. of Complementary Medicine
- 2002 Universities of Exeter and Plymouth. Peninsula medical school
Research activities

- Systematic review
- Clinical trial
- Policy study
- Systematic review
  - Efficacy
    - Gingko biloba, Ginseng, Guar gum, Horse chestnut, Creatine, acupuncture
  - Safety
    - Kava, Black cohosh, St. John’s worts

- Systematic review
  - Meta analysis
  - Best evidence synthesis
Clinical trial
- Oolong tea & Green tea
- Essential oil
- Acupuncture


http://www.archive.official-documents.co.uk/document/cm51/5124/5124.htm
